

Parent/Carers Guide

Most parents want their children to enjoy the sports of their choice. This section provides you with key information when selecting a club for your son or daughter. It provides you with ideas of questions to ask, and helps to ensure that both you and your son or daughter understands the way the club works.

Always Check

- The qualifications and experience of the coaches
- The coaches are England Squash & Racketball Licensed
- The ratio of adults to young people
- The club has a health and safety policy
- How children and young people are looked after if they are not playing
- The club has clear codes of conduct stating expected behaviour of members, players and coaches
- What happens if there is an accident

Questions to ask

- My son/daughter has never played squash & racketball before; can they come along and try out a couple of sessions?
- When does coaching take place?
- When are the matches, tournaments & competitions?
- What kit and equipment do we need to buy?
- Does the club have a safeguarding policy?
- How does the club manage any issues, which may arise i.e. bullying?
- Are the coaches qualified and licensed (England Squash & Racketball DBS/CP workshop)?
- Are the adults helping with the teams England Squash & Racketball DBS checked and trained?
- Does my son/daughter have to share changing facilities with adult players?
- Do the club have social events?
- How much does it cost to be a member of the club?
- How are away matches organised?
- Is there a first aider on site?
- Is the club affiliated to England Squash & Racketball
- Is there a designated Child Welfare Officer at the Club?
- Does the Club welcome and cater for disabled children?

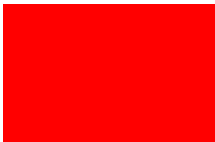
What do the club expect from me?

The club will expect you to

- ensure that your son/daughter is dropped off and picked up from the club and matches
- adhere to the rules of the club
- adhere to the codes of conduct within the club, in particular the Parents Code of Conduct

The Club would like you to

- become involved in the club as much as possible. This provides your son/daughter with the support to enjoy their squash &



racketball

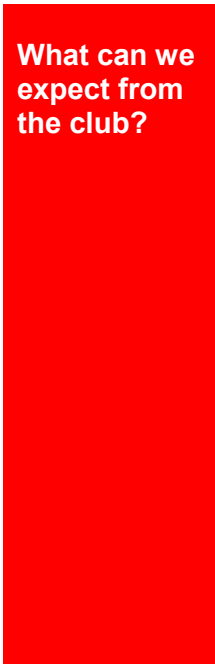
- support the coaches by ensuring your son/daughter enjoys their squash & racketball and plays within the rules of the game



What do the club expect from my child?

There is a guide for young people which details the club's expectations which include:

- fair play
- listening to the coaches
- adhering to the codes of conduct
- adhering to the rules of the game and rules of the club



What can we expect from the club?

- A friendly welcome, an opportunity to meet new friends play and watch squash & racketball
- Opportunities for your son/daughter to have fun and develop their game as much as they want to
- A safe environment
- Qualified, licensed coaches and responsible volunteers
- Relationships based on trust, honesty and respect where your son/daughter are valued and listened to
- Your son/daughter's welfare and safety is paramount
- Club members will recognise your son/daughter's rights, whatever their age gender, culture, ability, language, religious belief, racial origin, and/or sexual identity
- Opportunities for you to get involved in the club
- Safeguarding Policy and Complaints Policy are available for you on request
- Clear lines of communication with you about your child, fixtures, training and events



What can we expect from the club coaches?

- Appropriately qualified and licensed coaches. An England Squash & Racketball licensed coach means they are up to date, have appropriate public liability insurance and are safe. Coaches will have received an England Squash & Racketball DBS enhanced disclosure and have attended appropriate child protection training
- The provision of group and individual coaching opportunities that are appropriate to players age, standard and needs
- A safe, positive and equitable coaching environment
- Professional and positive role models and ambassadors for the sport of squash & racketball
- What is being coached is put into context/related to a game situation
- Promotion/guidance on practice and competitive opportunities

What can we expect from an England Squash & Racketball Sanctioned Event?

- A well organised and professionally run tournament in accordance with the England Squash & Racketball mandatory organisational code, publicised and seeded by England Squash & Racketball
- All competing juniors wear approved eye protection
- Results used for ranking purposes
- A Tournament Referee & qualified first aider
- Available refreshments
- A maximum of matches played per day: -
 - Under 19,17 & 15 A events – 3 matches per day
 - Under 11 events – 4 matches per dayNB: This relates to full 2 day Sanctioned Events. Additional matches are permitted in 1 day events but matches are played to best of 3 games.
- Under 19 events to be scheduled a minimum of 40 minutes apart
- The gap between individual players matches to be scheduled at least 3 hours apart
- Players provided with the opportunity to play a minimum of two matches
- Disputes dealt with by the England Squash & Racketball Disciplinary Procedure

Communication

The club will need to ensure they can contact you if required, so they should ask you for your contact details

It is part of the squash & racketball philosophy that you are involved in your child's interest. Please ensure that you build a relationship with the coach and support the club by completing all paper work required.

Have you thought of volunteering ?

- There are many areas within the club, which rely on volunteers. Without this support the club would not run!
- There will be jobs to suit you, the time you have and that you may even enjoy!
- Ask your club chairman or team manager or son or daughter's coach if you can help

Policies and Procedures available on request

The club will have the following available to you on request:

- Health and Safety Policy
- Accident Policy
- Safeguarding Policy
- Codes of Conduct
- Ethics and Equity Policy